



# Pearcedale Post



## A message from our Principal - Simon Anderson

### HOOP Time

A huge congratulations to all of our Hoop time teams .... They have represented our school with distinction both on and off the court. Our most recent team, the Year 4 Future Stars, made it through to the quarter finals.!

### HPV

What an amazing event .... HPV at Maryborough! Words cannot truly describe the experience. There was thousands of children involved in this event. Ninety teams from approximately seventy schools competed in our section alone.... A 14 hour race around a street circuit in Maryborough. The children represented themselves and the school so well and they finished 28th in their first year of competing. Our bike had been well prepared by Brian Tiedemann and some of the parents, the bike looked awesome thanks to our prep parent, Trent Browning. The overall highlight were - the Children.... they trained hard, rode well (many riding for 50 minutes at a time), they supported each other and ensured they were well prepared.

All of the children and their parents are already looking forward to 2019. Next year we will have 2 teams and 2 bikes.... If your child is in Year 5 or 6 next year and are interested, Mr Morrison would love to hear from you! Thanks Mr Morrison for bringing this exciting new experience to PPS



### Junior School Athletics

This week our Year Prep - 2 children participated in an Athletics day. The children participated in a wide range of traditional and non-traditional events...my personal favourite was the chicken jumping race.... They even had to cluck like a chicken. Thank you to Mrs Peney and Mr Simpson for organising such a fun day!



### Retirement Village Music Performance

Our talented musicians including 2 choirs, Auslan Choir, school band and recorder group went and entertained senior citizens at their annual Concert at Botanic Gardens Retirement Village. They performed a wide variety of songs and they really enjoyed the opportunity to interact with the children after their performance whilst enjoying some light refreshments.



Issue 18 - Friday 30th Nov 2018

## Term 4

### **Fri 30th Nov**

- Drum Incursion
- Newsletter

### **Mon 3rd - Fri 14th Dec**

Prep and Grade 1  
Swimming

**Wed 5th Dec**  
Curriculum day

### **Fri 7th Dec**

Assembly  
School Disco

### **Mon 10th**

Junior School Christmas  
Concert 6pm

### **Tues 11th**

"UP" Day  
Statewide Transition Day

### **Wed 12th**

Grade 6 Graduation  
5pm - 9pm

### **Fri 14th**

Newsletter

### **Mon 17th**

Grade 5 & 6 Swimming  
Fun Day

### **Tues 18th**

Grade 3 & 4 Swimming  
Fun Day

**Our mission is to enrich and equip all students with knowledge, skills and strategies that empower them to be active life-long learners, productive community members and global citizens.**

Baxter-Tooradin Road, PO Box 1474, PEARCEDALE 3912

PHONE: 5978 6250 FAX: 5978 7399

Email: [pearcedale.ps@edumail.vic.gov.au](mailto:pearcedale.ps@edumail.vic.gov.au)

Website: [www.pearcedaleschool.com.au](http://www.pearcedaleschool.com.au)



**For all up-to-date  
Information.  
Download it today!!**

# Music Night 2018

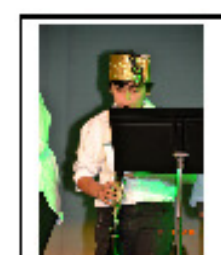
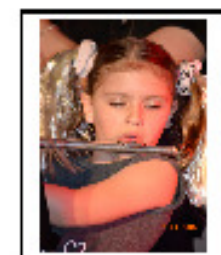
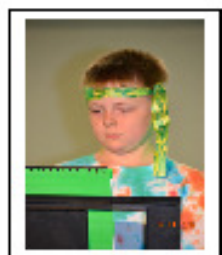
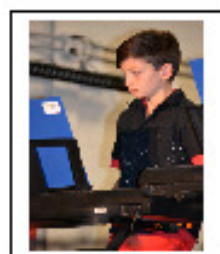
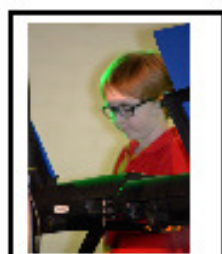
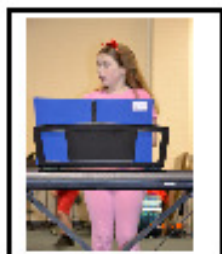
## "Music Through The Decades"

On Thursday night the 15<sup>th</sup> November 500 guests were treated to an incredible concert performed by more than 200 of our music students, who proudly took part in the annual music showcase night, this year themed "Music through the Decades."

Performing on the night were all our instrumental students, the recorder group, both senior and junior choirs, Auslan choir and the school band. Finishing off the night was our staff and tutor band rocking it with "Dancing in the Street"

Throughout the night, the students took us on a musical journey through each decade of popular music with our talented captains supplying us with a little information from each decade with their introductory speeches.

Congratulations to all our incredibly talented students and our staff for giving up their time on the night. Below are a few pictures from the night.





## **"SCHOOL OF ROCK"**

**Wednesday November 7<sup>th</sup> our team of dedicated school band members were lucky enough to go on an excursion to see the Andrew Lloyd Webber's stage production of "School Of Rock" at Her Majesty's Theatre in Melbourne.**

**From all reports, the band loved the production and were amazed that the children on stage were playing all the instruments live! The show displayed to the students exactly what they can aspire to with their music studies. Oh, and apparently they also learnt to "Stick it to the Man!"**



## **Junior School Christmas Concert Prep, 1's and 2's**

- When:** Monday 10th December 2018  
**Time:** 6:00pm - 7:30pm  
**Where:** "Nev's" Oval  
**Theme:** Wear Christmas/Festive clothing and accessories.  
**Food:** There will be a sausage sizzle on the night - Sausages \$2:00 and Drinks \$1:00 or bring along your own Picnic Dinner





**is NOW**

***Beyond Blue launches Be You – a major new mental health initiative for schools and early learning services. A major new Beyond Blue initiative designed to address mental health in schools and early learning services was launched November 2018.***

## **KEY STATISTICS**

- One in seven children between the ages of 4 and 17 experience a mental health condition in the past year. That is equivalent to 560,000 young Australians.
- Half of all mental health issues emerge before the age of 14. They have a lasting impact on the health and wellbeing of the individual and on the lives of those around them.
- Anxiety and depression are among the top three mental health issues our young people are dealing with.
- Early learning services and schools play a significant role in supporting children and young people with emotional and behavioural problems and these environments are often where symptoms of mental health issues are first identified.

One in seven young people aged between four and 17 has experienced a mental health issue in the past 12 months – that is 560,000. Children spend around 30 hours at schools or in care each week, so educators are confronted with these issues every day. Funded by the Australian Government, Be You makes it easier for educators to nurture the mental health and wellbeing of children. Be You brings together and builds on five evidence-based but disconnected programs – KidsMatter Early Learning, KidsMatter Primary, MindMatters, ResponseAbility and headspace School Support. But for the first time Australia will have a single, integrated initiative that encompasses a child's entire education, including the important transition points. This approach was recommended by the National Mental Health Commission's landmark 2014 review, *Contributing Lives, Thriving Communities*. The Commission reinforced the importance of the early years, and the importance of education settings in prevention and early intervention.

***In 2019 we look forward to continuing our PPS KIDS Be You Journey. If you are interested in joining our PPS team along with our current highly motivated, passionate and effective parents on board please contact:***

**Nicole Lockhart**

***lockhart.nicole.n@edumail.vic.gov.au***



## Supporting families through the Classroom Representative Project (CRP)

Dear Parents and Carers of Pearcedale Primary School,

We are excited to announce our third year of the Classroom Representative Project at Pearcedale PS. Following a 2017 Kids Matter Network Meeting, it was brought to our attention that a number of schools in Victoria have this system in place – and speak very highly of it!

It requires a parent from each grade to volunteer as a contact person for other parents with children in the same grade. Providing parents agree to sharing their contact details with the Classroom Rep, it could open up a range of possibilities to help support families!

Here are some stories that were shared at the meeting:

- 'When my husband became ill and we both had to stop work, my Grade 3 child's classroom rep organised 'pick ups' and 'drop offs' for each day, lifts to and from basketball training and birthday parties so nothing changed for the kids. I even had meals delivered each night. I was so overwhelmed by the support. I think in the past when tragedy has struck our community, no one knows where to start whereas when one person is in charge of organising and delegating days and jobs to each family, people knew how to help.'*
- 'My kids were new to the school. There were community nights, carnivals and discos but I didn't know anyone. I'm not the kind of person who would just go up and introduce myself to people who have clearly known each other for years. Once the CRP project was introduced the following year, I was contacted to ensure I had someone to go with and was invited to share a picnic with their family.'*
- 'My husband and I both suffer from depression; it was always challenging to commit to social school events. I had a newborn and was able to choose my preferred method of contact by the parent rep, which was email which I could check when the baby was asleep. I still wanted to be involved in meet-ups and help others in need so I didn't feel so isolated. There were monthly catch ups after drop off for all the parents and all were invited. I was able to make some but not others. The catch ups I did go to were fantastic and so good for me.'*
- 'We have a large family, so whole school events become expensive. It was so nice to attend evenings organised by our parent reps. We enjoyed the Parent VS Teachers basketball match the best. There was a great community feel and we brought along our own dinner and had the best time! Who knew our principal was so good at shooting hoops?'*

If you are interested in taking on the role of Classroom Rep, please contact:

**Nicole Lockhart at**

**lockhart.nicole.n@edumail.vic.gov.au.**

We have many experienced parents who have taken on this role in past years who will support you with suggestions and resources to get you started. We have a Facebook group and will meet monthly in 2019.

You have the potential to make a huge difference in your child's school community!

Are you ready?



# SST Waste Audit 2018



Waste in our Landfill bins from **ONE day** (4 curb side landfill bins not included)

Let the SORTING Begin!



Recycling (Kerb side)



Food



Compostable



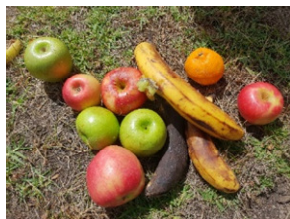
Paper/Card



Soft Plastic



Uneaten Fruit



Lunchboxes



Landfill



Measuring each group of waste



# SST Waste Audit 2018

The results Thursday (after council waste pick up. Excludes 4 bins)

Type of Waste	Amount in KG
Recycling (kerb side)	8.9 kg Plastic, 500gm Glass, 700gm Aluminium/tin
Paper and Card	8.9 kg
Soft Plastic	11.2 kg
Compost	12.6 kg      Whole fruits- 1.5 kg
Food	15.3 kg
Landfill	6 kg
Total amount of waste	63.8 Kg

Our SST are analysing the results of the Waste Audit and are discussing ways to continue reducing our waste.

Many thanks to the **Enviro Angels** for their time, expertise and support during our Waste Audit.

Thanks

Carolyn French

## Oral Care Recycling Program

# LAST CALL

## Bring in your oral care packaging!

All brands of oral care products shown below can be recycled at our school. Let's reduce our waste going to Landfill and earn rewards for our school. Thank You!

Student Sustainability Team







TRINITY  
KIDS

# SCHOOL HOLIDAY WORKSHOPS SOMERVILLE 7TH - 18TH JANUARY 2019



Managing Anxiety  
Kids & Teens



Teen's Vision  
Board  
12+



School Readiness 4 - 6 yrs



Meditation for  
Kids  
8+



Affirmations  
ROCK!  
8+

*emotionally empowering kids everyday*

TO BOOK GO TO [WWW.TRINITYKIDS.COM.AU](http://WWW.TRINITYKIDS.COM.AU) - NUMBERS ARE STRICTLY LIMITED

## Christmas Trees For Sale

TYABB SCOUT HALL  
FRANKSTON FLINDERS RD, TYABB

10am-2pm

NOVEMBER 24th/25th

DECEMBER 1st/2nd

DECEMBER 8th/9th

DECEMBER 15th/16th



1st Tyabb Scouts

